



NAMASTE and WELCOME to HAMRO AANGAN

Nepal, also known as “Home of Himalayas” has the world’s tallest mountain “Mount Everest” and we are delighted in presenting Nepal’s finest cuisine for the very first time in Balgowlah.

The Word “**HAMRO**” means “Our” and the word “**AANGAN**” means “Courtyard”. Since we have a beautiful courtyard we named the restaurant as Hamro Aangan. We are small family run business and we always do our best to satisfy our customers. Hamro Aangan is your local dine out culinary venue in Balgowlah, where you will have fantastic atmosphere & great food with North facing Courtyard. We endeavor to offer wide and varied choices of the best Nepalese cuisines.

Hamro Aangan offers traditional cuisines created in contemporary manner with emphasis of healthy eating. Our chefs will prepare each dish with fresh ingredients, low fat & great flavor. Nepalese food is very subtle in flavor with many combinations of Himalayan herbs and spices giving each dish its own distinctive taste. Nepalese cuisine is mildly spicy and the addition of chili is a personal choice.

We would like you to sit back, relax and enjoy the traditional food served in traditional way, you can also choose to sit in our traditional floor seats along with the beautiful smiles, charm and relaxed atmosphere which are reminiscent of Nepal to evoke fond memories to encourage you to visit this special country or refresh the memories you have from this beautiful Country.

Thank you and we hope you enjoy this experience and give us the opportunity to serve you again!!

STARTERS

Steam MO: MO Chicken/Goat/Veg) \$8.90

Mildly spiced filling wrapped in pastry & steamed served with special Nepalese Tomato Chutney

Chilli MO: MO (chicken/Goat/Veg) \$9.90

Dumpling tossed in hot Chilli Sauce with Capsicum and onions

Aaloo Chop \$8.90

Crispy Patties prepared from potato, cheese, onion, coriander, ginger and garlic served with chutney

Fhulaura \$8.90

Traditional Nepalese crispy patties prepared from black lentils, chickpea flour, spring onion & Spinach served with mint sauce

Tareko Machha \$12.90

Fish Fillets marinated in special seasoned sauce with Nepalese herbs & spices.

Mis Maas \$14.90

One piece each of Aaloo Bara, MO MO, Chilli MO MO, Fhulaura and Tareko Machha

Bhutuwa ra Chiaura \$14.90

Goat Liver & kidney sautéed with garlic, onion and spices sprinkled with flaked crispy beaten rice

Bhatmaas Sadheko \$8.90

Overnight soaked soya beans, deep fried and tossed with green herbs & Chilli paste

Aloo Ko Achaar \$7.90

Potatoes, cucumber & carrot pickle tempered with sesame seeds (served cold)

FROM THE CHARCOAL OVEN

Chhoila \$15.90

Char-grilled diced chicken/goat fillets marinated with mild spice, tossed with lemon juice, fresh coriander and onion

Sekuwa \$ 15.90

Goat/Chicken/lamb Fillet marinated overnight in roasted cumin & Szechwan pepper, cooked in charcoal oven

Poleko Khukura \$18.90

A boned leg of chicken & breast, marinated overnight in yoghurt sauce & cooked in charcoal oven served with Nepali style sautéed Vegetables

PS- Please allow extra 10 minutes for all Charcoal Oven Food Items

VEGETERIAN MAIN DISHES

(Served with steamed Rice)

Aaloo Kopi \$13.90

Nepali Style Cauliflower and Potato curry cooked in tomato base

Aaloo Bodi Tama \$12.90

Boiled Potatoes, bamboo shoots and black eyes beans cooked in traditional Nepalese curry sauce

Paneer Palungo \$14.90

Cottage Cheese cubes cooked with finely chopped spinach, finished with fresh cream and dried fenugreek leaves

Jhaneko Daal \$11.90

Yellow Lentil fried with Onion, Garlic & cumin seed garnished with fresh coriander and whole chilli.

Chyau Ra Keru Tarkari \$14.90

Mushroom & peas sautéed with onions and tomatoes

Kwati \$14.90

A curry of nine different beans cooked with ginger, garlic, cumin, chili, fenugreek seed and diced tomatoes, onion and mustard oil.

NON-VEGETERIAN MAIN DISHES

(Served with steamed Rice)

Morang Khasi \$18.90

Chef's own highly popular goat dish from Eastern Nepal

Nepali Khasi ko Masu \$18.90

Boneless Diced goat slow cooked in blended flavor of cinnamon, tomato, coriander & bay leaves.

Pudina Khasi \$18.90

Goat pieces marinated in mint and cooked with spices.

Piro Khukhura \$16.90

Boneless Chicken pieces cooked in hot & spicy paste with a combination of ginger, garlic, tomato and other spices

Makhani Khukura \$16.90

Chicken marinated with herbs, tender cooked & served with creamy butter gravy

Jeera Khukura \$16.90

Boneless chicken tempered with cumin seeds and ground spices

Jhinge Tarkari \$19.90

Prawns smothered in rich curry sauce with mix vegetables.

Piro Jhinge \$19.90

Irresistibly spicy prawns cooked with capsicum & onions with a touch of soya.

TRADITIONAL THALIS

Non-Veg Thali Set \$20.90

Meal on a plate, which comes with a serving of rice, choice of curry (Goat/Chicken), mix lentils, spinach with a side of white radish pickle , assorted salad, sweet yoghurt and ghee.

Daal Bhat Thali \$15.90

Traditional Nepali Style Veg Platter consists of rice, lentil & seasonal vegetable curry, pickle and salad

SIDE DISHES

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|-----------------|--------|
| Pappadum (4pcs) | \$2.00 |
| Mint Sauce | \$2.00 |
| Garden Salad | \$5.00 |

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| Raita | \$2.00 |
| Pickles | \$2.00 |

DESSERT

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|--------------------------------|--------|
| Kheer (Rice Pudding) | \$5.90 |
| Rasbari (Milk Balls) | \$5.90 |
| Pistachio Ice cream | \$5.90 |
| Mango Ice Cream | \$5.90 |
| Sikarni (Spiced Sweet Yoghurt) | \$5.90 |

BANQUET

MINIMUM 4 PEOPLE/DINE IN ONLY

PS: Please feel free to ask waiting staff if you wish to change any items

OPTION A \$35

STARTER

Pappadum with Dipping Sauce

MO:MO, Aloo Bara, Mis Maas, Fulaura

MAINS

Chicken, Goat, Veg (Served with Rice)

DESSERT

Kheer or Kulfi

OPTION B \$45

STARTER

Pappadum with Dipping Sauce

MO:MO, Mis Maas, Tareko Maccha, Sekuwa

MAINS

Chicken, Goat, Prawn, Veg (Served with Rice)

DESSERT

Choice of Any

MORE ABOUT US

Hamro Aangan also takes booking to celebrate your special day. Please remember us if you are hosting a party, business meeting or just catching up with Friends and Family. We will make any occasion special with our exciting menu, service and atmosphere plus we always have specials to offer. We also offer Home Delivery and Takeaway.

Please spare a moment and write a feedback on our Feedback wall or review us online / Social Media. Your feedback is valuable to us and we will work each and every moment to improve and work on the feedback/ reviews provided.

Please feel free to ask our friendly staff in advance if you have any extra requirement. We exist because of you and we would go beyond anything to make your experience pleasant.

We hope you enjoy the experience of Nepalese dining and we look forward seeing you again soon.

For bookings, please contact:

Hamro Aangan,

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Website: www.hamroaangan.com.au

